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**BEING AN OVERWEIGHT TEENAGER ISN'T EASY!
MTV NEWS & DOCS EXPLORES THE ISSUE OF TEENAGE OBESITY IN
"RETURN TO FAT CAMP" ON SATURDAY, DECEMBER 1ST AT 12PM ET/PT**

**MTV.com Will Feature Before and After Photos of Campers
And *think.mtv.com* To Provide Synopsis and Resources on Obesity, Healthy Self
Image & More**

New York, NY – November 20, 2007 – For overweight teenagers trying to “fit in” can seem almost impossible—from getting teased at school to participating in sports, many of these kids find it hard just to feel ‘normal’. They dream of losing weight, looking good and becoming popular and at “Fat Camp” that’s exactly what happens even if they don’t lose a pound! Through first person encounters, MTV’s News and Docs presents “Return to Fat Camp” on Saturday, December 1st @ 12pm ET/PT and explores the lives of five young people who are battling their weight while having the time of their lives and finally fitting in at a weight loss camp where to them becomes a safe environment.

Viewers can follow the campers’ progress by checking out before and after photos on MTV.com. The Think Community at think.mtv.com will help viewers cope with issues featured in this episode by providing resources on obesity and healthy self image. Viewers will also be able to comment on the show and the issues on think.mtv.com.

In “Return to Fat Camp,” MTV spends another summer at Camp Pocono Trails with no-nonsense Camp Director Tony Sparber. Five new campers are hoping to change their lives by shedding pounds, making friends and building self confidence before returning to another challenging year of school. Viewers will meet **Logan**, a 14 year old from North Carolina, who is burdened with the knowledge that her family is sacrificing financially to send her to fat camp; **Adisa**, a 14 year old returning to camp for a second summer with a goal of losing thirty pounds; **Dan**, a 15 year old who has never been away from his family before; **Sam**, an attractive averaged size girl who sees herself as overweight and **Justin**, a 400 pound teenager who knows his weight is more than an image problem and knows he has to do something about it before it’s too late.

In this documentary, viewers will see that while at camp the kids discover a world that is completely new to them – most are finally able to feel comfortable in their own skin, no matter what size they are. Shy, introverted teens that have never had friends are suddenly the life of the party. In a place where everyone is overweight, they feel accepted and confident. But surprisingly, fat camp can also be a place where the hunted become hunters...Here overweight, ostracized teens turn the tables by picking on their plus-sized peers.

Think.MTV.com is a dynamic, multimedia-driven Community and enables youth to easily learn more about the issues that matter to them most, share their opinions – via uploaded online videos, podcasts and blogs – and connect with others to make a difference. The site is one of the only to reward members for positive actions taken online or off, serving up chances to hang out with socially conscious celebs, access to exclusive MTV events, exposure on MTV and other national media outlets, as well as grants, scholarships and more. Think.MTV.com was built with the help of financial support and expertise from founding partners the Case Foundation, Bill & Melinda Gates Foundation, Goldhirsh Foundation and MCJ Amelior Foundation. For more information or to build a profile and become involved, visit Think.MTV.com.

New Image Weight Loss Camps help children gain self-esteem and learn about proper diet and exercise, all while having fun. Founded in 1991 by Tony Sparber and his wife Dale, New Image currently has three locations: Camp Pocono Trails (Reeders, PA), Camp Vanguard (Lakes Wales, FL) and Camp Ojai (in Ojai, CA). The Sparbers have helped thousands of children with their battle against obesity. As a child, Tony fought his own battle with weight and has dedicated his life to helping others with this life-threatening problem.

MTV Networks, a unit of Viacom (NYSE: VIA, VIA.B), is one of the world's leading creators of programming and content across all media platforms. MTV Networks, with more than 137 channels worldwide, owns and operates the following television programming services – MTV: MUSIC TELEVISION, MTV2, VH1, mtvU, NICKELODEON, NICK at NITE, COMEDY CENTRAL, TV LAND, SPIKE TV, CMT, NOGGIN, VH1 CLASSIC, LOGO, MTVN INTERNATIONAL and THE DIGITAL SUITE FROM MTV NETWORKS, a package of 13 digital services, with all of these networks trademarks of MTV Networks. MTV Networks connects with its audiences through its robust consumer products businesses and its more than 260 interactive properties worldwide, including online, broadband, wireless and interactive television services and also has licensing agreements, joint ventures, and syndication deals whereby all of its programming services can be seen worldwide.

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