

Rules for #weheartchanning Video Submissions:

- **NO: Music of any kind can be playing in the background of your video**
- **NO: Logos of any kind can be displayed on your clothing, toys, food, etc**
- **NO: Nudity**
- **NO: Vulgar or offensive language**
- **NO: Videos featuring more than one person**
- **ALL videos should be shot against a blank/non-descript background like a plain wall**
- **BEFORE posting a video, you MUST visit <http://on.mtv.com/1bAb8sF> for Submission Disclaimer and Guidelines**
- **ALL participants must be at least 13 years old. Submissions made by anyone under 18 must obtain written consent by a parent or legal guardian**